



# A Journey Through Lent

LENT 2023

IN THE PARISH OF QUEEN OF THE APOSTLES

## **LENTEN DISCIPLINE:**

The season of Lent calls the Catholic believer to a threefold rhythm of life: prayer, fasting and almsgiving. The many ministerial opportunities offered here help in the unfolding of this great preparation for Easter.

Catholics are further reminded that on the Fridays of Lent, abstinence from meat, meat products and poultry (not including eggs or meat broths and bases to soups) is a discipline for all who are not limited by age or illness, or those who care for the sick.

Further, on Ash Wednesday and Good Friday along with the abstinence defined above, Catholics from age 14 through 59, who are in good health and not limited by sickness, age or those who care for them, are called to fast. That means, one full meal may be taken on those days and two smaller meals with no food between them.

## **STATIONS OF THE CROSS:**

Walk the Stations of the Cross with our Deacons in person in the church. Because of the constraints of our cameras, Stations will not be LiveStreamed.

## **SACRAMENT OF RECONCILIATION:**

The Sacrament of Reconciliation will be offered during Lent at the regularly scheduled times on Sundays 8:15-8:45 AM, Mondays 8:00-8:30 AM, Fridays 7:30-8:30 AM and Saturdays 3:30-4:30 PM.

## **CRS RICE BOWLS:**

As in past years, our parish will participate in the Catholic Relief Services Rice Bowl project a faith in-action program that invites us to encounter the needs of the world with the hope of the Resurrection. Rice Bowls will be available in the Gathering Space of the Church.

## ***Ash Wednesday***

**WEDNESDAY, February 22** Lent begins with a call to prayer and with the imposition of ashes:

**7:00 AM: Prayer and Ashes**

**12:15 PM: Eucharist and Ashes**

**5:30 PM: Eucharist and Ashes**

**7:15 PM: Prayer and Ashes**

## ***Daily Masses Throughout Lent***

Join us for daily Masses throughout Lent.

Mondays, Tuesdays, Thursdays and Fridays at 9:00 AM

Wednesdays at 5:30 PM

## ***Mondays in Lent***

Come pray the rosary with us during this Lenten Season at 7:00 PM. The rosary will be prayed in a different language each week, representing one of the numerous cultures that make up our parish family.

**FEBRUARY 27 in Creole**

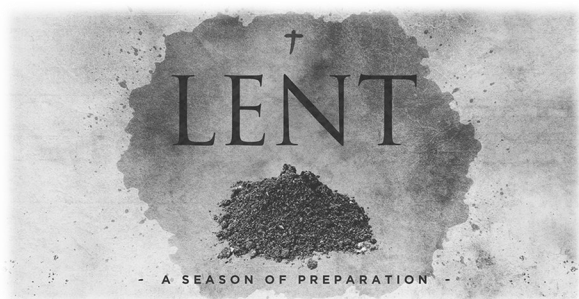
**MARCH 6 in English**

**MARCH 13 in Tagalog**

**MARCH 20 in English**

**MARCH 27 in Spanish**

**APRIL 3 in English**



## ***Lenten Retreat***

***Saturday, MARCH 11***

Please join us for a Lenten Retreat from 1:30-6:00 PM followed by dinner in St. Katharine Drexel Hall. Take an afternoon to be with the Lord in the Lenten season with music,

reflection, confessions, fellowship and Mass. Fr. Michele Benetti of the Priestly Fraternity of St. Charles Borromeo will offer a meditation, confessions and Mass for attendants. To attend dinner, please RSVP to [ale.rova@gmail.com](mailto:ale.rova@gmail.com).

## ***Wednesdays in Lent***

**Family Faith Formation:** During this Lenten Season, we are offering an extra opportunity for our parish family to gather and go deeper into our Family of Faith program. Mark your calendars and plan to join us on Wednesdays

**MARCH 8, MARCH 15, MARCH 22 & MARCH 29.**

Families with children will go with a catechist; the Hispanic community will work with Reina in Spanish; adults without children will be with our Deacons. The following will be the schedule:

**5:30 PM Mass**

**6:00 PM Dinner**

**6:30 PM Program (the program will end at 7:00pm)**

***If you are not able to join us for Mass on these evenings, come for dinner or the program- join us for all the sessions or just for one if your schedule permits. Come when you can!***

## ***Thursdays in Lent***

Adoration of the Blessed Sacrament is always available Thursdays from 5:30-7:00 PM. Think about joining us this Lent for this quiet time with the Lord.

**FEBRUARY 23, MARCH 2, 9, 16, 23, and 30**

## ***Fridays in Lent***

Stations of the Cross will be available at 12:15 pm and 7:15 pm.

**FEBRUARY 24, MARCH 3, 10, 17, 24 and 31**

## ***Sunday of the Lord's Passion and the Blessing and Distribution of Palm Branches***

Regular Mass times on Saturday, **APRIL 1** at 5:00 PM  
and Sunday, **APRIL 2** at 9:15 AM & 11:15 AM



# *Easter Flower Donations*

Since our envelope company was unable to provide the February-March envelopes, you will miss the opportunity to donate for flowers in honor or memory of loved ones for the Easter season. Envelopes for this purpose are included in our mailing and available in the Gathering Space.

## **Easter Meal Kits**

We would again like to offer those in our community in need an Easter Meal Kit. If you are able to help:

- Pick up a bag containing a shopping list in the Gathering Space or Breezeway
- Shop for the listed items—including a \$20 Food Lion gift card to cover a ham or turkey
- Return your filled bag to the Church office no later than **Monday, March 27**

Filled meal kit bags for those in need will be available for pick-up or delivery on **Saturday, April 1** from 10:00-11:00 AM outside St. Katharine Drexel Hall

***If you need a meal kit or know someone who does, please go to [www.queenoftheapostles.org](http://www.queenoftheapostles.org) to request one through the link or phone the church office at 704-825-9600 no later than Friday, March 24.***

If you are willing to be a delivery driver, please call the office to put your name on the list!

### **NO FEBRUARY-MARCH ENVELOPES!**

We received notification from our envelope company that due to paper shortages they are unable to provide our February-March envelope mailing. There are welcome envelopes available to use or take this opportunity to try online giving. Use the QR code to link directly or the link on our webpage. Thanks for your patience!

